



# Upcoming Trainings

## Resource Family Approval (Sierra Child & Family Services)

5:30-8:30 p.m Sarah Tran, MA & Molly Comunale, MSW  
Monday & Wednesdays, January 28<sup>th</sup> and 30<sup>th</sup> , February 4<sup>th</sup> and  
6<sup>th</sup> , Monday & Wednesdays, March 11<sup>th</sup> , 13<sup>th</sup> , 18<sup>th</sup> and 20<sup>th</sup> , 2019

Compassion Fatigue (LTCC) Betsy Glass, LCSW 5:30-8:30 pm  
Tuesday, January 22, 2019 Room A206

## Community Resources (LTCC)

February 5, 2019 Room A206 5:30-8:30 pm

- \*Art Therapy Group for Children Heather Anderson-Live Violence
- \*Free Boys & Girls Club Jude Wood, Executive Director
- \*SOS Outreach, Theresa
- \*Lake Tahoe USD- Foster Youth Advocacy, Amanda Hammond
- \*Big Brothers & Big Sisters Program Todd White

Self-Harm and Suicide Prevention (LTCC) Sabrina Owen Balme,  
MS Tuesday, March 5, 2019 5:30-8:30 pm Room A206

Intro to Nurtured Heart Approach (LTCC) Sarah Tran, MS  
Tuesday, March 12, 2019 Room A206 5:30-8:30 pm

Attention Deficit and Hyperactivity Disorder (ADHD) (LTCC)  
Dr. Protell Tuesday, March 19, 2019 RmA206 5:30-8:30 pm

Effects of Domestic Violence on Children (LTCC) Kelsie Magoon &  
Kylie Postell from Live Violence Free  
Tuesday, April 2, 2019 Room A206 5:30-8:30 pm

Depression and Substance Use Disorder (LTCC) Room A206  
Sabrina Owen Balme, MS Tuesday, April 16, 2019 5:30-8:30 pm

NAMI (National Alliance on Mental Illness)- Recognizing Mental  
Health Concerns and Navigating Care (LTCC) 5:30-8:30 pm  
Jeanne Nelson, NAMI Specialist Tuesday, April 30, 2019 RmA206

No Drama Discipline (LTCC) Sarah Tran, MS  
Tuesdays, May 7 & 14, 2019 Room A206 5:30-8:30 pm

Body Image/ Self Esteem in Children & Youth (LTCC) Dr. Rupp  
Tuesday, May 21, 2019 Room A206 5:30-8:30 pm

Grief and Loss- The Impact all Family Members (LTCC) Rm A206  
Marianna Randolph Tuesday, May 28, 2019 5:30-8:30 pm



Foster & Kinship Care  
Education Program

Lake Tahoe  
Community College  
Classes are FREE and  
Open to the  
Community

## LTCC

One College Drive  
South Lake Tahoe, CA  
96150

## Spanish Classes:

Family Resource Center  
3501 Spruce Ave #B 530-  
542-0740

## RFA Classes:

Sierra Child & Family  
Services  
2580 Lake Tahoe Blvd, B

**RAFFLE AT  
EACH TRAINING**

## RSVP:

Kay Huxtable  
kehuxtable@ltcc.edu  
www.ltcc.edu/fkce

Also - LTCC Facebook Page

530-541-4660 X 575

