



National Alliance on Mental Illness

nami | El Dorado County

FREE FAMILY SUPPORT GROUP

- **IF YOU HAVE A LOVED ONE AFFECTED BY MENTAL ILLNESS, INCLUDING CO-OCCURRING, OUR SUPPORT GROUP CAN HELP**
- **WE PROVIDE SUPPORT, INFORMATION, AND EDUCATION IN A CONFIDENTIAL SETTING**
- **LEARN FROM OTHERS WHO HAVE TRAVELED THE SAME ROAD**
- **LEARN OF RESOURCES THAT CAN HELP YOU**
- **WHEN: 1ST TUESDAY OF EVERY MONTH FROM 7 - 8:30PM**
- **WHERE: COUNTY GOVERNMENT CENTER, 330 FAIR LANE, CONFERENCE ROOM C, PLACERVILLE, CA 95667**
- **FOR MORE INFO:**
 - **Warm Lines:**
 - **(530) 306 4101 English**
 - **(775) 407 0306 Spanish**
 - **www.namiel DoradoCounty.org**
- **FOR IMMEDIATE ASSISTANCE:**
 - **National Suicide Prevention Lifeline (800) 273 TALK (8255)**
 - **National Crisis Text Line: 741-741**
 - **NAMI National:**
 - **(800) 950-NAMI (6164)**
 - **www.nami.org**